**Medicine KT 1 Knowledge Quiz 1250-1500** (up to 2 marks per qu., Out of 28 marks)

1. Name two medical writers from Ancient times, who had a large impact on Medieval Medicine.

Hippocrates and Galen

1. Name the 4 Humours and explain how these could make you ill.

Blood, Phlegm, Black Bile and Yellow Bile. Ill if became out of balance

1. Give 4 different explanations of causes believed in the Middle Ages

Supernatural –God, Devil, Witches Astrological-Planets and stars

Humoural- 4 humours Bad Air

1. Describe two types of Humoural Treatments

Removal such as Bleeding or Purging, Use of Opposites to balance, eg Cool foods such as Lettuce for excess Blood

1. Describe 5 different healers in the period and state who treated most illness

Physicians, Barber-Surgeons, Apothecaries, Midwives, wives/mothers. Wives and mothers treated the most.

1. How did herbal remedies develop over time and how effective were they?

Passed on through generations but developed through trial and error. Some effect, due to active ingredients garlic, onion, honey.

1. Name 4 visual guides which helped physicians and surgeons know how to proceed with treatment:

Urine charts, zodiac charts, bleeding charts, ‘wound man’ illustrations

1. Give two problems with conditions in towns and what was done to tackle each problem:

Animal waste in street- Rakers employed to clear

Waste dumped in streets –Laws passed

Leaking latrines/cesspits- Regulations to line with brick or stone

1. Describe two sources of guidance for staying healthy and what they recommended

EG Physician advice for the rich-washing, exercise, fresh air

Guides bought in towns on how to avoid plague

The teachings of the Church to avoid sin

1. Who ran the hospitals and who did they not admit?

The Church (monasteries), people with contagious diseases

1. What two sort of ‘treatment’ did the hospitals provide?

Spiritual care (prayer)and nurturing care (bed-rest, food, warmth) (Lazars provided the same, but for people with Leprosy)

1. When did the Black Death arrive in England and what was the most common 3 explanations for its cause?

1348 Sin, punishment from God, bad air, the impact of the planets

1. Give 4 religious actions to try to prevent contracting the Black Death:

Religious processions, pilgrimage, making giant candles, whipping themselves (flagellants)

1. State three important factors, which hindered (held back) progress in medicine 1250-1500.

Any of::: Institution: The Church; Attitudes: respect for tradition; Education; Government